

## Chest Injury Pathway - Analgesia

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|----------------------------|---|
| Non-invasive analgesia     | <h3>Simple Analgesia</h3> <p>Consider hydration, laxatives, and prevention of delirium in vulnerable groups</p>   |
|                            | <h3>Opiates</h3> <p>With regular simple analgesia</p> <p>PO/IV/IM/SC routes</p> <p>Consider hydration, laxatives, and prevention of delirium in vulnerable groups.</p>  |
|                            | <h3>Patient Controlled Analgesia (PCA)</h3> <p>With regular simple analgesia</p> <p>Consider hydration, laxatives, and prevention of delirium in vulnerable groups.</p> |
| Invasive analgesia options | <h3>Intercostal/Serratus Anterior blocks*</h3> <p>Consider environment – Critical Care review.</p>  |
|                            | <h3>Paravertebral/Epidural blocks*</h3> <p>Consider environment – Critical Care review.</p> <p>*Refer to local policy</p>   |